

TRI JANUARY

*"LOVED FILLING IN MY CHART.
IT'S GIVEN ME THE INCENTIVE TO KEEP FIT"*

SHARON PACKER, TRI JANUARY PARTICIPANT

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 2019		1 APRIL FOOLS DAY	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17 YOU ARE DOING AMAZING. KEEP IT UP	18	19
20	21	22	23	24	25	26
27	28	29	30 TIME TO DOWNLOAD MAY'S CALENDAR	TOTAL DISTANCE 		

TRI JANUARY.ORG




 @YOURGOTRI #TRI JANUARY #GOTRI