

"THANK YOU FOR INSPIRING ME TO SWIM, ROW, BIKE AND RUN"

CAROLYN TUDOR, TRI JANUARY PARTICIPANT

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
FEB	RUAR	RY	1	2	3	4
		2019	DISTANCE AVOIT IN THE PROPERTY OF THE PROPERTY	DISTANCE TOTAL	DISTANCE TOTAL	DISTANCE TOTAL
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DISTANCE AND A LOLUT	DISTANCE AVOID IN TOTAL	DISTANCE TOTAL	DISTANCE TOTAL	DISTANCE TOTAL	DISTANCE AVOOL AVOOL	DISTANCE AVOID A LOUIN
12	13	HAPPY VALENTINES DAY	<i>15</i>	16	17	18
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19	20	21	22	23	24	25
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26	27	28 TIME TO DOWNLOAD MARCH'S CALENDAR	TOTAL DISTANCE	*1 *		
DISTANCE TODAY TOTAL	DISTANCE TOTAL	DISTANCE TOTAL		11-		

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